

	Monday DAY 6	Tuesday DAY 7	Wednesday DAY 8	Thursday DAY 9	Friday DAY 10
First		RICE WITH HOMEMADE TOMATO SAUCE	CHICKPEAS & VEGETABLES STEW (onion, garlic, green and red pepper and tomato)	HOMEMADE VEGETABLES & PASTA SOUP (1, 9, T6, T10)	ZUCCHINI CREAM
Option 2		SAUTEED PEAS WITH HAM	COUS COUS WITH VEGETABLES (courgette and onion) (1, T6, T10)	MIXED VEGETABLES (zucchini, green beans and carrot)	SAUSAGE AND LOIN CASSEROLE WITH PASTA (1)
Second	HOLIDAY	MEAT CROQUETTES (1, 7, 14, T2, T3, T4, T6)	BAKED CHICKEN WITH APPLE (12)	"GALICIAN" HAKE (with onion and sweet paprika) (4, T2, T14)	TURKEY STEW WITH CURRY (12, T1, T10)
Option 2		BAKED SALMON (with onion and natural tomato) (4)	COOKED HAM OMELETTE (3)	GRILLED PORK LOIN WITH RANCH SAUCE (3, 7, 12)	GRILLED PORK & BEEF BURGER (12)
Side dishes		SAUTEED PEAS	SEASONED TOMATOES	LETTUCE WITH SWEET CORN AND BLACK OLIVES	DICED POTATOES WITH GARLIC AND PARSLEY
Desserts		YOGURT (7)	FRESH FRUIT	YOGURT (7)	FRESH FRUIT



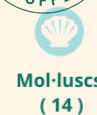
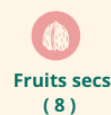
FRESH FRUIT



	Monday DAY 13	Tuesday DAY 14	Wednesday DAY 15	Thursday DAY 16	Friday DAY 17
First	BOILED BROCCOLI WITH CARROTS	LENTIL SALAD (1, 12)	SAUTEED RICE (sweet corn, peas and carrot)	LEEKS CREAM	PASTA SALAD (tomato, green olives, tuna, sweet corn and oregano) (1, 4, T6, T10)
Option 2	NAPOLITAN PASTA (1, 7, T3, T6, T10)	MIXED "PAELLA" (2, 12)	RUSSIAN SALAD (3, 4)	"FIDEUA" WITH ALIOLI SAUCE (1, 2, 3, 4, 9, 14, T4)	NAPOLITAN PASTA (homemade tomato sauce) (1, 7, T3, T6, T10)
Second	MEATBALLS IN TOMATO SAUCE (6, 12)	GRILLED PORK LOIN IN "CHIMICHURRI" SAUCE (12)	FRIED EGGS & POTATOES WITH CRUNCHY HAM (3)	GRILLED CHICKEN WITH SOY, HONEY AND SESAME SAUCE (1, 6, 11)	BAKED COD (with garlic, parsley and paprika) (1, 4)
Option 2	GRILLED HAKE (4, T2, T14)	BAKED CHICKEN WITH LEMON SAUCE	PORK RIBS WITH BARBACUE SAUCE (1, 12)	GRILLED CHICKEN SAUSAGES (12)	GRILLED TURKEY WITH ONION SAUCE
Side dishes	SAUTED COUSCOUS (1, T6, T10)	SAUTEED MUSHROOMS WITH OLIVE OIL	SEASONED TOMATOES	FRESH SALAD (lettuce, tomato and sweet corn)	SAUTEED BEANS WITH GARLIC AND PARSLEY
Desserts	FRESH FRUIT	VANILLA AND CHOCOLATE ICE CREAM (6, 7)	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT



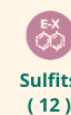
FRESH FRUIT



	Monday DAY 20	Tuesday DAY 21	Wednesday DAY 22	Thursday DAY 23	Friday DAY 24
First	RICE WITH VEGETABLES SAUCE	ZUCCHINI CREAM	BOILED BROCCOLI AND POTATOES	POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9, T6, T10)	BOILED CHIKPEAS, POTATOES AND CARROTS
Option 2	QUINOA WITH VEGETABLES	PASTA AU GRATIN (1, 3, 7, T3, T6, T10)	CURRY BASMATI RICE WITH VEGETABLES (T1, T10)	GRILLED VEGETABLES	BOLOGNESE SPAGHETTI (HOMEMADE tomato sauce and minced meat) (1, 12, T6, T10)
Second	CHEESE OMELLETE (3, 7)	TURKEY STEW	BAKED CHICKEN	BREADED PORK LOIN WITH HAM & CHEESE (1, 3, 6, 7, T2, T4, T9, T10, T12, T14)	"ANDALUSIAN" HAKE (Fried with flour) (1, 4, T2, T14)
Option 2	LOIN WITH APPLE SAUCE	BAKED HAKE (onion and tomato) (4, T2, T14)	TUNA PATTIES (1, 3, 4)	GRILLED CHICKEN	GRILLED PORK LOIN
Side dishes	LETTUCE, CARROT AND OLIVES SALAD	SAUTED COUSCOUS (1, T6, T10)	FRESH SALAD (lettuce, radish, and carrot)	SEASONED TOMATO AND OLIVES	SAUTEED RICE
Desserts	FRESH FRUIT	FRESH FRUIT	YOGURT (7)	FRESH FRUIT	FRESH FRUIT



FRESH FRUIT



	Monday DAY 27	Tuesday DAY 28	Wednesday DAY 29	Thursday DAY 30	Friday DAY 1
First	MACARONI IN NAPOLITANA SAUCE (homemade tomato sauce) (1, T6, T10)	BOILED GREEN BEANS AND POTATOES	SAUTEED PEAS WITH HAM	RICE WITH HOMEMADE TOMATO SAUCE	
Option 2	VEGETABLE SOUP	SAUTEED RICE	"FIDEUA" WITH VEGETABLES WITH ALIOLI (optional) (1, 3, 9)	RUSSIAN SALAD (3, 4)	
Second	ZUCCHINI AND ONION OMELETTE (3)	GRILLED BEEF BURGER (12)	BAKED LOIN (12)	GRILLED CHICKEN	HOLIDAY
Option 2	GRILLED TURKEY WITH ONION SAUCE	BAKED RABBIT	GRILLED HAKE WITH GARLIC AND PARSLEY (4, T2, T14)	SPRING ROLL WITH SWEET SAUCE (1, 6,)	
Side dishes	FRESH SALAD (lettuce, tomato and sweet corn)	LETTUCE, CARROT AND SWEET CORN	LETTUCE, CARROT AND TOMATO SALAD	SAUTEED MUSHROOMS WITH OLIVE OIL	
Desserts	FRESH FRUIT	YOGURT (7)	FRESH FRUIT	FRESH FRUIT	



FRESH FRUIT

