

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1P FISH "PAELLA" (14, 2, 4, 9) 2P CHICKEN WITH MUSTARD (1, 10, 2, 4, 6, 7) GU BOILED CARROTS PO CUSTARD (3, 7) 2	1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9) 2P ARTICHOKE AND POTATOE OMELETTE (3) GU LETTUCE, CARROT AND TOMATO SALAD PO FRESH FRUIT 3	1P BOILED MIXED VEGETABLES 2P GRILLED PORK & BEEF BURGER (12) GU "CALIU" POTATOES PO FRESH FRUIT 4	1P CARBONARA PASTA (with cream and bacon) (1, 3, 7) 2P BAKED HAKE (onion and tomato) (4) GU BAKED TOMATO PO YOGURT (7) 5	<h2>HOLIDAY</h2>
1P LENTILS & VEGETABLE STEW 2P MEAT CROQUETTES (1, 10, 14, 2, 3, 4, 6, 7, 8, 9) GU LETTUCE, CARROT AND TOMATO SALAD PO PEACH IN SYRUP 9	1P BOILED GREEN BEANS AND POTATOES 2P GRILLED CHICKEN SAUSAGES (12) GU HOMEMADE HUMMUS WITH CARROT DIPS (11) PO FRESH FRUIT 10	1P PUMPKIN CREAM (potatoes and leek) 2P BAKED CHICKEN (onion and natural tomato) GU SAUTED COUSCOUS (1, 10, 6) PO FRESH FRUIT 11	1P VEGETABLE RICE "PAELLA" (onion, red and green pepper, leek, peas and green beans) 2P "GALICIAN" COD (with onion and sweet paprika) (14, 2, 4) GU LETTUCE, CARROT AND OLIVES SALAD PO FRESH FRUIT 12	1P PASTA WITH NAPOLITAN SAUCE AND CHEESE (1, 3, 7) 2P SCRAMBLED EGGS (3, 7) GU QUINOA CON VERDURAS PO YOGURT (7) 13
1P BOILED GREEN BEANS AND POTATOES 2P TURKEY STEW GU SAUTEED PEAS PO FRESH FRUIT 16	1P GARBANZOS ESTOFADOS CON PATATAS Y CALABAZA 2P GRILLED BEEF BURGER (12) GU LETTUCE, CARROT AND SWEET CORN PO YOGURT (7) 17	1P RICE WITH HOMEMADE TOMATO SAUCE 2P "ANDALUSIAN" HAKE (Fried with flour) (1, 4) GU FRESH SALAD PO FRESH FRUIT 18	1P CHRISTMAS SOUP WITH SMALL MEATBALLS (1, 12, 3, 6, 9) 2P BAKED CHICKEN (Plums and raisins) (, 12, 5, 8) GU MASHED APPLES AND POTATOES WITH CINNAMON (1, 10, 11, 7, 9) PO CHRISTMAS DESSERT (1, 12, 3, 5, 6, 7, 8) 19	



FRESH FRUIT



- Gluten**
(1)
- Crustaceans**
(2)
- Eggs**
(3)
- Fish**
(4)
- Peanuts**
(5)
- Soy**
(6)
- Milk**
(7)
- Nuts**
(8)
- Celery**
(9)
- Mustard**
(10)
- Sesame**
(11)
- Sulfites**
(12)
- Lupins**
(13)
- Molluscs**
(14)

