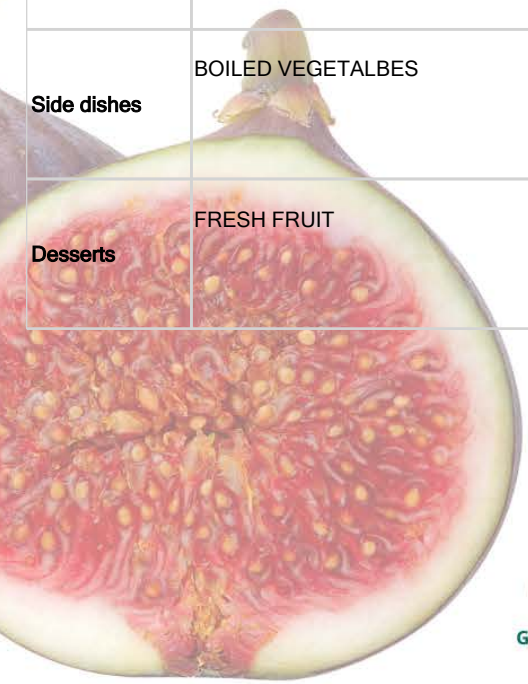






	Monday DAY 16	Tuesday DAY 17	Wednesday DAY 18	Thursday DAY 19	Friday DAY 20
<b>First</b>	CARROT CREAM (potato and onion)	RUSSIAN SALAD ( 3, 4 )	MACARONI IN NAPOLITANA SAUCE (homemade tomato sauce) ( 1 )	MIXED "PAELLA" ( 2, 12 )	MAC & CHEESE ( 1, 2, 3, 4, 10, 12, 14 )
Option 2	ALFREDO SPIRALS ( 1, 3, 7, 12 )	RUSSIAN SALAD ( 3 )	CATALAN STYLE SPINACH ( 5, 8 )	MELON SOUP ( 7 )	MAC & CHEESE (pasta au gratin with cheese) ( 1, 3, 7 )
<b>Second</b>	MEATBALLS IN TOMATO SAUCE ( 6, 12 )	BREADED CHICKEN (flour, egg and breadcrumbs) ( 1, 3 )	POTATOES AND ONION OMELETTE ( 3 )	"GALICIAN" HAKE (with onion and sweet paprika) ( 4 )	PORK LOIN STEW
Option 2	GRILLED TUNA ( 1, 4, 6 )	GRILLED TURKEY	BAKED CHICKEN WITH LEMON SAUCE	PORK RIBS WITH BARBACUE SAUCE ( 1, 12 )	GRILLED CHICKEN SAUSAGES ( 12 )
<b>Side dishes</b>	BOILED VEGETABLES	FRESH SALAD	FRESH SALAD ( lettuce, apple and carrots )	CORN ON THE COB ( 7 )	SAUTEED MUSHROOMS WITH OLIVE OIL
<b>Desserts</b>	FRESH FRUIT	LEMON YOGURT ( 7 )	FRESH FRUIT	CHOCOLATE CUSTARD ( 3, 7 )	FRESH FRUIT

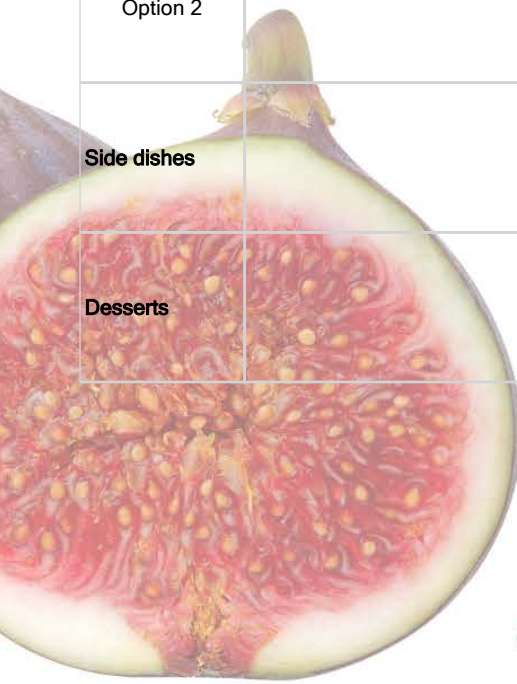


FRESH FRUIT



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	Monday DAY 23	Tuesday DAY 24	Wednesday DAY 25	Thursday DAY 26	Friday DAY 27
<b>First</b>			RICE WITH HOMEMADE TOMATO SAUCE	BOILED GREEN BEANS AND POTATOES	PASTA SALAD (tomato, green olives, tuna, sweet corn and oregano) ( 1, 4 )
Option 2			GAZPACHO (TOMATO CREAM) WITH CROUTONS ( 1, 12 )	VEGETAL TABBOULEH WITH MINT AND LEMON ( 1, 6, 9, 10, 12 )	GRILLED VEGETABLES
<b>Second</b>	HOLIDAY	HOLIDAY	CODFISH CROQUETTES ( 1, 2, 3, 4, 6, 7, 8, 9, 10, 14 )	BAKED CHICKEN WITH LEMON SAUCE	COOKED HAM OMELETTE ( 3 )
Option 2			BAKED HAKE (onion and tomato) ( 4 )	GRILLED PORK LOIN	TANDOORI CHICKEN ( 7, 12 )
<b>Side dishes</b>			FRESH SALAD	SEASONED TOMATOES	FRESH SALAD ( lettuce, tomato and carrot)
<b>Desserts</b>			VANILLA AND CHOCOLATE ICE CREAM ( 6, 7 )	FRESH FRUIT	FRESH FRUIT



FRESH FRUIT

