









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		HOLIDAY		1P RICE WITH HOMEMADE TOMATO SAUCE 2P BAKED CHICKEN GU GRILLED COURGETTE PO FRESH FRUIT	1P CHICKPEAS STEW WITH VEGETABLES  2P GRILLED BEEF BURGER (12) GU SAUTED COUSCOUS (1, 6, 10)  PO FRESH FRUIT
1P MACARONI IN CHEESE SAUCE (1, 3, 7)  2P BAKED CHICKEN PO FRESH FRUIT	1P RICE WITH VEGETABLES SAUCE 2P OMELETTE (3) GU SEASONED TOMATOES PO FRESH FRUIT	1P VEGETABLE SOUP 2P TURKEY STEW GU SAUTED COUSCOUS (1, 6, 10) PO YOGURT (7)	1P LENTILS VEGETABLE STEW 2P GRILLED HAKE (4) GU DADOS DE PATATAS SALTEADAS PO FRESH FRUIT	1P BOILED GREEN BEANS AND POTATOES 2P BAKED CHICKEN GU POTATOES PO VANILLA AND CHOCOLATE ICE CREAM	
6	7	8	9	10	
1P MACARONI IN BOLOGNESE SAUCE (minced meat and HOMEMADE tomato sauce) (1, 12) 2P BAKED HAKE (onion and tomato) (4) GU SEASONED TOMATOES PO FRESH FRUIT	1P RICE WITH HOMEMADE TOMATO SAUCE 2P CHEESE OMELETTE (3, 7) GU LETTUCE, CARROT AND TOMATO SALAD PO FRESH FRUIT	CHICKPEAS VEGETABLES STEW  1P (onion, garlic, green and red pepper and tomato) 2P GRILLED PORK LOIN IN "CHIMICHURRI" SAUCE (12) GU FRESH SALAD (lettuce, tomato and carrot) PO YOGURT (7)	1P BOILED MIXED VEGETABLES 2P PICKLE ORANGE CHICKEN (12) GU SAUTEED PORTOBELLO MUSHROOMS WITH OLIVE OIL PO FRESH FRUIT	1P VEGETABLES CREAM (green beans, chard, carrot and potato) 2P BEEF STEW GU GLAZED CARROTS WITH BUTTER (7) PO BAKED APPLE	
13	14	15	16	17	
HOLIDAY		1P RICE WITH VEGETABLES (8) 2P BAKED MARINATED TURKEY (1, 6, 10, 12) GU LETTUCE, CARROT AND SWEET CORN PO FRESH FRUIT	1P LENTILS VEGETABLE STEW  2P PORK LOIN STEW (1, 9, 12) GU SEASONED TOMATOES PO FRESH FRUIT	1P NAPOLITAN PASTA (1, 3, 7)  2P SCRAMBLED EGGS WITH JAM (3, 6, 7) GU SOY SALAD (carrot, soy sprouts and corn) WITH OREGANO VINAIGRETTE (6, 12) PO CARAMEL CUSTARD (3, 7)	
20	21	22	23	24	
1P RICE WITH HOMEMADE TOMATO SAUCE 2P PIZZA OMELETTE (3, 7) GU FRESH SALAD PO FRESH FRUIT	1P "FIDEUA" WITH VEGETABLES (1, 3, 9)  2P MEATBALLS IN TOMATO SAUCE (6, 12) GU FRESH SALAD PO FRESH FRUIT	1P VEGETABLE SOUP 2P GRILLED TURKEY WITH MUSHROOMS SAUCE (12) GU POTATOES PO YOGURT (7)	1P BOILED CHIKPEAS, POTATOES AND CARROTS 2P LEMON CHICKEN (1) GU LETTUCE, CARROT AND SWEET CORN PO FRESH FRUIT	1P MACARONI IN AROMATHIC HERBS (1, 7)  2P "ANDALUSIAN" HAKE (Fried with flour) (1, 4) GU SEASONED TOMATOES PO FRESH FRUIT	
27	28	29	30	31	

FRESH FRUIT 

Desserts can vary from day to day to ensure the consumption of fruit at its optimal ripeness

