






	Monday DAY 3	Tuesday DAY 4	Wednesday DAY 5	Thursday DAY 6	Friday DAY 7
First	BOLOGNESE SPAGHETTI (HOMEMADE tomato sauce and minced meat) (1, 12) 	POTATO SALAD (black olives, tomatoes and tuna) (3, 4)	RICE WITH HOMEMADE TOMATO SAUCE	LENTIL SALAD (tuna, black olives, carrot and tomato) (1, 4) 	GREEN BEANS, POTATOES AND CARROTS
Option 2	GAZPACHO (TOMATO CREAM) WITH CROUTONS (1, 12)	VEGETABLES WITH BECHAMEL AU GRATIN (1, 3, 7)	VEGETABLE RICE "PAELLA" (onion, red and green pepper, leek, peas and green beans)	BOILED PEAS AND POTATOES	CURRY BASMATI RICE WITH VEGETABLES (1, 10)
Second	"ANDALUSIAN" HAKE (Fried with flour) (1, 4)	TURKEY STEW	CHEESE OMELETTE (3, 7)	GRILLED PORK LOIN	BAKED CHICKEN
Option 2	MUSTARD CHICKEN (1, 2, 4, 6, 7, 10)	GRATINATED CODFISH WITH APPLE "ALL I OLI" (1, 2, 3, 4, 14)	GRILLED PORK & BEEF BURGER (12)	AU GRATIN MEAT CANNELLONI WITH BECHAMEL (1, 2, 3, 4, 6, 7, 8, 9, 10, 14)	TUNA PATTIES (1, 2, 3, 4, 6, 7, 9, 14)
Side dishes	GRILLED COURGETTE	BOILED CARROTS	BOILED BROCCOLI	CHIPS	FRIED GREEN PEPPERS STIRS
Desserts	FRESH FRUIT	YOGURT (7)	FRESH FRUIT	FRESH FRUIT	VANILLA AND CHOCOLATE ICE CREAM

FRESH FRUIT



	Monday DAY 10	Tuesday DAY 11	Wednesday DAY 12	Thursday DAY 13	Friday DAY 14
First	RICE SALAD (tomato dice, green olives and pineapple)	NAPOLITAN PASTA (homemade tomato sauce) (1, 3, 7) 	BOILED GREEN BEANS AND CARROT	BOILED CHIKPEAS, POTATOES AND CARROTS 	VEGETABLE SOUP
Option 2	GRILLED VEGETABLES	RUSSIAN SALAD (3, 4)	VEGETAL TABBOULEH WITH MINT AND LEMON (1, 6, 9, 10, 12)	"FIDEUA" WITH VEGETABLES WITH ALIOLI (optional) (1, 3, 9) 	GREEN BEANS WITH RICE
Second	BAKED HAKE (onion and tomato) (4)	ZUCCHINI AND ONION OMELETTE (3)	MEATBALLS IN TOMATO SAUCE (6, 12)	GRILLED PORK LOIN	GRILLED CHICKEN
Option 2	GRILLED PORK LOIN WITH FINE HERBS	BAKED CHICKEN (onion and natural tomato)	BAKED SALMON (with onion and natural tomato) (4)	ROAST BEEF DE TERNERA (7, 9, 12)	CHICKEN "BURRITOS" (1, 10)
Side dishes	FRESH SALAD	GRILLED COURGETTE	BOILED VEGETALBES	SEASONED TOMATO AND OLIVES	NACHOS WITH CHEDDAR (7, 12)
Desserts	FRESH FRUIT	FRESH FRUIT	VANILLA AND CHOCOLATE ICE CREAM	FRESH FRUIT	CHOCOLATE CUSTARD (3, 7)

FRESH FRUIT



-  **Gluten**
(1)
-  **Crustaceans**
(2)
-  **Eggs**
(3)
-  **Fish**
(4)
-  **Peanuts**
(5)
-  **Soy**
(6)
-  **Milk**
(7)
-  **Nuts**
(8)
-  **Celery**
(9)
-  **Mustard**
(10)
-  **Sesame**
(11)
-  **Sulfites**
(12)
-  **Lupins**
(13)
-  **Molluscs**
(14)



	Monday DAY 17	Tuesday DAY 18	Wednesday DAY 19	Thursday DAY 20	Friday DAY 21
First	BOILED MIXED VEGETABLES	PASTA SALAD (1, 2, 3, 4, 10, 11) 	RICE WITH HOMEMADE TOMATO SAUCE		
Option 2	MACARONI IN CARBONARA SAUCE (cream and bacon) (1, 3, 6, 7) 	LEEK AND POTATOES CREAM (7)	LEGUME SALAD WITH CRAB AND TUNA (3, 4, 10, 12)		
Second	GRILLED PORK SAUSAGES (12)	COOKED HAM OMELETTE (3)	MEAT CROQUETTES (1, 2, 3, 4, 6, 7, 8, 9, 10, 14)		
Option 2	TUNA WITH TOMATE AND AURBERGINIE SAUCE (1, 4, 6)	GRILLED BEEF BURGER (12)	GRILLED TURKEY WITH LEMON VINAIGRETTE (12)		
Side dishes	SAUTEED RICE	FRESH SALAD	FRESH SALAD (lettuce, tomato and sweet corn)		
Desserts	FRESH FRUIT	PEACH IN SYRUP	FRESH FRUIT		

FRESH FRUIT

