












MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<h1>HOLIDAY</h1>	1P RICE WITH HOMEMADE TOMATO SAUCE	1P CHICKPEAS & VEGETABLES STEW (onion, garlic, green and red pepper and tomato) 	1P BOILED BROCCOLI AND POTATOES	1P SPAGUETTI IN CHEESE SAUCE (1, 3, 7) 
	2P MEATBALLS WITH ONION AND CINNAMON SAUCE (6, 12)	1P MEAT CROQUETTES (1, 2, 3, 4, 6, 7, 8, 9, 10, 14)	2P BAKED CHICKEN	2P POTATOES AND ONION OMELETTE (3)
	GU SAUTEED MUSHROOMS WITH OLIVE OIL	2P LETTUCE, CARROT AND SWEET CORN	GU SEASONED TOMATO	GU LETTUCE, CARROT AND SWEET CORN SALAD
	PO FRESH FRUIT	GU YOGURT (7)	PO FRESH FRUIT	PO FRESH FRUIT
1	2	3	4	5
1P BOILED MIXED VEGETABLES	1P LENTIL AND RICE STEW (with onion, garlic, red pepper and tomato) 	1P VEGETABLES CREAM (green beans, chard, carrot and potato)	1P CUBAN RICE WITH BOILED EGG (3)	1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9) 
2P GRILLED TURKEY	2P BAKED COD (with onion and natural tomato) (2, 4, 14)	2P BREADED CHICKEN (flour, egg and breadcrumbs) (1, 3)	2P GRILLED HAKE (4)	2P TURKEY STEW
GU FRESH SALAD (lettuce, apple and tomato)	GU CHIPS	GU LETTUCE AND CARROT SALAD	GU LETTUCE, CARROT AND SWEET CORN	GU SAUTEED MUSHROOMS WITH OLIVE OIL
PO FRESH FRUIT	PO FRESH FRUIT	PO FRESH FRUIT	PO FRESH FRUIT	PO YOGURT (7)
8	9	10	11	12
1P BOILED GREEN BEANS AND POTATOES	1P PESTO ROSSO PASTA (1, 3, 5, 7, 8) 	1P BEANS & VEGETABLES STEW GRILLED 	1P "FIDEUA" WITH ALIOLI SAUCE (1, 2, 3, 4, 9, 14)	1P CURRY BASMATI RICE WITH VEGETABLES (1, 10)
2P GRILLED PORK LOIN IN "CHIMICHURRI" SAUCE (12)	2P GRATINATED CODFISH WITH APPLE "ALL I OLI" (1, 2, 3, 4, 14)	2P PORK & BEEF BURGUER (12)	2P POTATOES AND ONION OMELETTE (3)	2P TANDOORI CHICKEN (7)
GU SAUTEED RICE	GU FRIED GREEN PEPPERS STIRS	GU SAUTEED MUSHROOMS	GU FRESH SALAD (lettuce, tomato and carrot)	GU CORN, TOMATO AND LETTUCE SALAD
PO FRESH FRUIT	PO CHOCOLATE CUSTARD (7)	PO FRESH FRUIT	PO FRESH FRUIT	PO FRESH FRUIT
15	16	17	18	19
1P CARROT CREAM (potato and onion)	1P POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9) 	1P RICE WITH HOMEMADE TOMATO SAUCE	1P MACARONI IN BOLOGNESE SAUCE (minced meat and HOMEMADE tomato sauce) (1, 12) 	1P BOILED CHIKPEAS, POTATOES AND CARROTS 
2P GRILLED TURKEY WITH MUSHROOMS SAUCE (12)	2P BREADED PORK LOIN WITH HAM & CHEESE (1, 2, 3, 4, 6, 7, 10, 14)	2P POTATOES AND ONION OMELETTE (3)	2P BAKED HAKE (onion and tomato) (4)	2P BAKED CHICKEN (onion and natural tomato)
PO FRESH FRUIT	GU "CALIU" POTATOES	GU FRESH SALAD (lettuce, tomato and sweet corn)	GU LETTUCE, CARROT AND SWEET CORN	GU LETTUCE WITH SWEET CORN AND BLACK OLIVES
	PO STRAWBERRY JELLY	PO FRESH FRUIT	PO FRESH FRUIT	PO FRESH FRUIT
22	23	24	25	26
1P BOILED GREEN BEANS AND POTATOES	1P PASTA SALAD (tomato, green olives, turkey, sweet corn and oregano) (1, 4) 	FRESH FRUIT 		
2P MEATBALLS IN TOMATO SAUCE (6, 12)	2P BAKED COD (with onion and natural tomato) (2, 4, 14)			
GU SAUTED COUSCOUS (1, 6)	GU FRIED AUBERGINES WITH HONEY SAUCE (optional)			
PO FRESH FRUIT	PO VANILLA AND CHOCOLATE ICE CREAM (7)			
29	30			

