





























MONAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1P NAPOLITAN PASTA (1, 3, 7)  2P POTATOES OMELETTE (3) GU MIXED SALAD PO FRESH FRUIT	CHICKPEAS & VEGETABLES STEW (onion, garlic, green and red pepper and tomato)  2P TURKEY STEW GU SAUTED COUSCOUS (1, 6) PO YOGURT (7)
1P PESTO ROSSO PASTA (1, 3, 5, 7, 8)  2P GRILLED HAKE GU FRESH SALAD (lettuce, tomato and carrot) PO FRESH FRUIT	1P VEGETABLES CREAM (green beans, chard, carrot and potato) 2P BAKED CHICKEN GU FRESH SALAD (lettuce, olives and beetroot) PO FRESH FRUIT	1P STEWED LENTILS  2P GRILLED PORK BEEF BURGUER (12) GU POTATOES PO FRESH FRUIT	1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9)  2P TURKEY STEW GU SAUTED COUSCOUS (1, 6)  PO YOGURT (7)	1P RICE WITH HOMEMADE TOMATO SAUCE 2P POTATOES AND ONION OMELETTE (3) GU SWEET POTATO PO FRESH FRUIT
5	6	7	8	9
HOLIDAY	1P STEWED LENTILS  2P CHICKEN CROQUETTES (1, 2, 3, 4, 6, 7, 10, 14) GU FRESH SALAD (lettuce, tomato and sweet corn) PO YOGURT (7)	1P NAPOLITAN PASTA (homemade tomato sauce) (1, 3, 7)  2P SCRAMBLED EGGS WITH MUSHROOMS (3) GU SEASONED TOMATO PO FRESH FRUIT	1P BOILED GREEN BEANS AND POTATOES 2P GRILLED PORK LOIN GU FRESH SALAD (lettuce, orange and beetroot) PO FRESH FRUIT	1P SAUTEED RICE (sweet corn, peas and carrot) 2P GRILLED CHICKEN PO FRESH FRUIT
12	13	14	15	16
1P RICE WITH HOMEMADE TOMATO SAUCE 2P CHIKEN STEW GU SAUTEED PEAS PO FRESH FRUIT	1P MAC & CHEESE (pasta au gratin with cheese) (1, 3, 7)  2P SCRAMBLED EGGS (3) GU "CALIU" POTATOES PO VANILLA AND CHOCOLATE ICE CREAM	1P BOILED PEAS AND POTATOES GRILLED CHICKEN STICKS 2P GU FRESH SALAD (lettuce, tomato and sweet corn) PO FRESH FRUIT	1P HOMEMADE MEAT AND VEGETABLE SOUP WITH PASTA (1, 3, 9)  2P BAKED JOHN DORY (4) GU FRESH SALAD (lettuce, apple and carrots) PO FRESH FRUIT	1P PUMPKIN CREAM (potatoes and leek) 2P GRILLED CHICKEN GU FRESH SALAD (lettuce, tomato and carrot) PO FRESH FRUIT
19	20	21	22	23
1P RICE WITH VEGETABLES SAUCE 2P GRILLED HAKE (4) GU FRESH SALAD PO FRESH FRUIT	1P BOLOGNESE SPAGHETTI (HOMEMADE tomato sauce and minced meat) (1, 1)  2P SCRAMBLED EGGS (3) GU LETTUCE AND CARROT SALAD PO FRESH FRUIT	1P BOILED BROCCOLI AND POTATOES 2P GRILLED "BUTIFARRA" (PORK MEAT) (12) GU SAUTED COUSCOUS (1, 6)  PO FRESH FRUIT	1P LENTILS & VEGETABLE STEW 2P BAKED CHICKEN GU "CALIU" POTATOES PO YOGURT (7)	 
26	27	28	29	

FRESH FRUIT 

-  **Gluten**
(1)
-  **Crustaceans**
(2)
-  **Eggs**
(3)
-  **Fish**
(4)
-  **Peanuts**
(5)
-  **Soy**
(6)
-  **Milk**
(7)
-  **Nuts**
(8)
-  **Celery**
(9)
-  **Mustard**
(10)
-  **Sesame**
(11)
-  **Sulfites**
(12)
-  **Lupins**
(13)
-  **Molluscs**
(14)