

	Monday DAY 8	Tuesday DAY 9	Wednesday DAY 10	Thursday DAY 11	Friday DAY 12
First	RICE WITH HOMEMADE TOMATO SAUCE	LENTILS & VEGETABLE STEW 	HOMEMADE POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9) 	MACARONI IN CARBONARA SAUCE (cream and bacon) (1, 3, 7) 	PUMPKIN CREAM (potatoes and leek)
Option 2	SAUTEED PEAS WITH HAM	BOILED MIXED VEGETABLES	BOILED GREEN BEANS AND POTATOES	BOILED BROCCOLI AND POTATOES	VEGETABLE LASAGNA (au gratin with bechamel) (1, 6, 7, 10)
Second	MEAT CROQUETTES (1, 2, 3, 4, 6, 7, 8, 9, 10, 14)	BAKED CHICKEN	GRILLED PORK LOIN IN "CHIMICHURRI" SAUCE (12)	SCRAMBLED EGGS WITH VEGETABLES (3)	CURRY CHIKEN STEW (1, 2)
Option 2	KITCHEN NUGGETS (1, 2, 3, 4, 6, 7, 14)	GRILLED HAKE (4)	GRILLED CHICKEN SAUSAGES (12)	GRILLED CHICKEN	GRILLED TUNA (1, 4, 6)
Side dishes	SAUTEED MUSHROOMS WITH OLIVE OIL	"CALIU" POTATOES	FRESH SALAD (lettuce, tomato and carrot)	SEASONED TOMATO	SAUTED COUSCOUS (1, 6) 
Desserts	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	YOGURT (7)	FRESH FRUIT

FRESH FRUIT



	Monday DAY 15	Tuesday DAY 16	Wednesday DAY 17	Thursday DAY 18	Friday DAY 19
First	"FIDEUA" WITH VEGETABLES WITH ALIOLI (optional) (1, 3, 9) 	VEGETABLES CREAM (onion, broccoli and sweet potato)	CHICKEN AND VEGETABLE SOUP WITH PASTA (1, 3, 9) 	"TRINXAT DE LA Cerdanya" (sauteed cabbage and potato with bacon)	CHICKPEAS & RICE STEW 
Option 2	GRILLED VEGETABLES	VEGETABLE LASAGNA (1, 2, 3, 4, 6, 7, 14)	CUBAN RICE WITH BOILED EGG (3)	CARBONARA SAUCE PASTA (cream and bacon) (1, 7, 12) 	CAULIFLOWER AU GRATIN WITH "BECHAMEL" SAUCE AND CHEESE (1, 3, 6, 7)
Second	POTATOES AND ONION OMELETTE (3)	BAKED CHICKEN	FISH FROM THE PROXIMITY MARKET (4)	GRILLED PORK & BEEF BURGUER (12)	GRILLED CHICKEN
Option 2	PORK CHOPS WITH HONEY SAUCE (optional)	"ANDALUSIAN" HAKE (Fried with flour) (1, 4)	GRILLED PORK LOIN	GRILLED TURKEY WITH ONION SAUCE	BAKED SALMON (with onion and natural tomato) (4)
Side dishes	FRESH SALAD	"CALIU" POTATOES	FRESH SALAD	BAKED TOMATO	BREADED AUBERGINES (1, 3)
Desserts	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	YOGURT (7)	FRESH FRUIT

FRESH FRUIT



	Monday DAY 22	Tuesday DAY 23	Wednesday DAY 24	Thursday DAY 25	Friday DAY 26
First	NAPOLITAN PASTA (1, 3, 7) 	STEWED LENTILS 	CARROT CREAM (potato and onion)	BOILED PEAS AND POTATOES	MUSHROOMS AND PUMPKIN RISOTTO (3, 7, 9)
Option 2	BOILED PEAS AND POTATOES	VEGETAL TABBOULEH WITH MINT AND LEMON (1, 12) 	MIXED "PAELLA" (2, 12)	CHICKEN AND VEGETABLE SOUP WITH PASTA (1, 3, 9) 	CREAM OF LEEKS AND BEETROOT (7)
Second	POTATOES AND ONION OMELETTE (3)	HAM CROQUETTES (1, 2, 3, 4, 6, 7, 14)	TURKEY STEW	BAKED COD (with garlic, parsley and paprika) (1, 4)	PORK LOIN STEW
Option 2	GRILLED CHICKEN	GRILLED LOIN ON THE FINE HERBS (1, 12)	BAKED HAKE (onion and tomato) (4)	BREADED CHICKEN (flour, egg and breadcrumbs) (1, 3)	GRILLED TURKEY
Side dishes	FRESH SALAD (lettuce, olives and beetroot)	FRESH SALAD (lettuce, tomato and sweet corn)	FRESH SALAD (lettuce, olives and beetroot)	SWEET POTATO	SAUTEED MUSHROOMS WITH OLIVE OIL
Desserts	YOGURT (7)	FRESH FRUIT	FRESH FRUIT	CHOCOLATE CUSTARD (7)	FRESH FRUIT

FRESH FRUIT



Gluten
(1)



Crustacis
(2)



Ous
(3)



Peix
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Mostassa
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Sèsam
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Sulfits
(12)






Tramusus
(13)



Mol·luscs
(14)



	Monday DAY 29	Tuesday DAY 30	Wednesday DAY 31
First	BOILED MIXED VEGETABLES WITH POTATOES	HOMEMADE POULTRY, VEGETABLES & PASTA SOUP  (1, 3, 9)	CURRY BASMATI RICE WITH VEGETABLES
Option 2	MACARONI WITH VEGETABLES (1)	BEANS & VEGETABLES STEW 	CARROT CREAM (potato and onion)
Second	MEATBALLS IN TOMATO SAUCE (6, 12)	BAKED CHICKEN	"ANDALUSIAN" HAKE (Fried with flour) (1, 4)
Option 2	GRATINATED CODFISH WITH APPLE "ALL I OLI" (1, 3, 4)	SPRING ROLLS (1, 2, 6, 12)	GRILLED "BUTIFARRA" (PORK MEAT) (12)
Side dishes	SAUTED COUSCOUS (1, 6) 	SAUTEED PEAS	BREADED AUBERGINES (1, 3)
Desserts	FRESH FRUIT	FRESH FRUIT	CARAMEL CUSTARD (3, 7)

FRESH FRUIT



Gluten
(1)



Crustacis
(2)



Ous
(3)



Peix
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Llet
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Fruits secs
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Mostassa
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Sèsam
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Sulfits
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Tramusus
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Mol-luscs
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