

NOVEMBER | ST PETER'S SCHOOL (N1-N2)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		HOLIDAY	1P LENTILS &PUMPKIN STEW (9) 2P BREADED CHICKEN (flour, egg and breadcrumbs) (1, 3) GU LETTUCE, CARROT AND OLIVES SALAD PO FRESH FRUIT	1P MACARONI IN NAPOLITANA SAUCE (1, 3, 7) 2P POTATOES AND ONION OMELETTE (3) GU FRESH SALAD (lettuce, sweet corn and beetroot) PO YOGURT (7)
1P BOILED PEAS AND POTATOES 2P AU GRATIN MEAT CANNELLONI WITH BECHAMEL (1, 2, 3, 4, 6, 7, 8, 9, 10, 14) PO FRESH FRUIT	1P CHICKPEAS STEW WITH PORK LOIN AND "CHORIZO" (12) 2P GRILLED CHICKEN GU FRESH SALAD PO YOGURT (7)	1P VEGETABLES CREAM (zucchini, carrot and potato) 2P GRILLED LOIN ON THE FINE HERBS GU SAUTED COUSCOUS (1, 6) PO FRESH FRUIT	1P RICE WITH HOMEMADE TOMATO SAUCE 2P BAKED JOHN DORY (4) GU FRESH SALAD PO YOGURT (7)	1P HOMEMADE MEAT AND VEGETABLE SOUP WITH PASTA (1, 3, 9) 2P COOKED HAM OMELETTE (3, 6, 7, 9, 12) GU BOILED VEGETALBES PO FRESH FRUIT
1P NAPOLITAN PASTA (1,3,7) 2P "ANDALUSIAN" HAKE (Fried with flour) (1,4) GU FRESH SALAD	1P BOILED BROCCOLI AND POTATOES 2P PORK LOIN STEW (1, 9, 12) GU BOILED CARROTS	1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9) 2P POTATOES AND ONION OMELETTE (3) GU FRESH SALAD	4D LENTILG OVECETARIE CTEVA	10 1P PUMPKIN CREAM (potatoes and onion) 2P BAKED CHOCOLATE CHICKEN (1, 6, 7, 8, 9, 10, 11) GU SAUTEED WHOLE GRAIN RICE
PO FRESH FRUIT	PO FRESH FRUIT 14	PO YOGURT (7)	PO FRESH FRUIT	PO FRESH FRUIT 17
1P LEEKS AND PARSNIP CREAM 2P MEATBALLS IN TOMATO SAUCE (6, 12) GU SAUTED COUSCOUS (1, 6)	CHICKPEAS AND SPINACH STEW (with onion, garlic, red pepper and tomato) HAM CROQUETTES (1, 2, 3, 4, 6, 7, 14) GU CHIPS	1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP (1, 3, 9) 2P BAKED CHICKEN GU LETTUCE, CARROT AND OLIVES SALAD	1P YAKISOBA SAUTEED NOODLES (1, 6) 2P OMELETTE (3) GU BOILED PEAS	green pepper, leek, peas and green beans) 2P FRESH FISH (4) FRESH SALAD
PO FRESH FRUIT 20	PO FRESH FRUIT 21	PO FRESH FRUIT	PO FRESH FRUIT 23	carrot) PO YOGURT (7)
1P "FIDEUA" WITH VEGETABLES WITH ALIOLI (optional) (1, 3, 9) 2P GRILLED HAKE (4) GU FRESH SALAD (7)	1P RICE WITH HOMEMADE TOMATO SAUCE 2P ARTICHOKE AND POTATOE OMELETTE (3) GU LETTUCE AND CARROT SALAD	1P BOILED MIXED VEGETABLES 2P BAKED CHICKEN WITH LEMON SAUCE GU LETTUCE AND CARROT SALAD	1P CARROT CREAM (potato and onion) 2P PORK LOIN STEW (12) GU LETTUCE WITH SWEET CORN AND BLACK OLIVES	
PO FRESH FRUIT 27	PO FRESH FRUIT 28	PO FRESH FRUIT 29	PO YOGURT (7)	

FRESH FRUIT







(3)





















