













| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
|   |  | 1P CHICKPEAS & RICE STEW <br>2P GRILLED CHICKEN<br>GU SEASONED TOMATO<br>PO FRESH FRUIT   | 1P BOILED GREEN BEANS AND POTATOES<br>2P GRILLED BEEF BURGUER ( 12 )<br>GU BOILED CARROTS<br>PO FRESH FRUIT  | 1P PASTA WITH VEGETABLES ( 1, 3 ) <br>2P GRILLED HAKE ( 4 )<br>GU SAUTEED PEAS<br>PO FRESH FRUIT  |
|   |  | <b>1</b>   | <b>2</b>   | <b>3</b>   |
| 1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP ( 1 ) <br>2P GRILLED BEEF BURGER WITH NAPOLITAN SAUCE ( 12 )<br>GU "CALIU" POTATOES<br>PO FRESH FRUIT | 1P SAUTEED RICE ( sweet corn, pepper, peas and carrot )<br>2P OMELETTE ( 3 )<br>GU LETTUCE, CARROT AND TOMATO SALAD<br>PO YOGURT ( 7 )       | 1P LENTILS & VEGETABLE STEW <br>2P BAKED CHICKEN WITH APPLE ( 12 )<br>GU FRESH SALAD<br>PO FRESH FRUIT  | 1P NAPOLITAN PASTA (homemade tomato sauce) ( 1, 3, 7 ) <br>2P BAKED COD ( with onion and natural tomato) ( 4 )<br>GU LETTUCE, CARROT AND TOMATO SALAD<br>PO FRESH FRUIT | 1P BOILED BROCCOLI AND POTATOES<br>2P TURKEY STEW ( 12 )<br>GU SAUTEED MUSHROOMS WITH OLIVE OIL<br>PO FRESH FRUIT  |
| <b>6</b>  | <b>7</b>   | <b>8</b>   | <b>9</b>   | <b>10</b>  |
| 1P "FIDEUA" WITH VEGETABLES ( 1, 3 ) <br>2P "GALICIAN" HAKE (with onion and sweet paprika) ( 4 )<br>GU FRESH SALAD<br>PO FRESH FRUIT               | 1P BOILED PEAS AND POTATOES<br>2P GRILLED CHICKEN<br>GU BAKED POATATOES<br>PO FRESH FRUIT  | 1P ZUCCHINI CREAM<br>2P GRILLED HAKE ( 4 )<br>GU BOILED VEGETALBES<br>PO FRESH FRUIT   | 1P RICE WITH HOMEMADE TOMATO SAUCE<br>2P PUMPKIN OMELETTE ( 3, 7 )<br>GU FRESH SALAD (lettuce, radish, and carrot)<br>PO YOGURT ( 7 )  | 1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP ( 1 ) <br>2P BAKED CHICKEN (onion and natural tomato) ( 12 )<br>GU "FRIJOLES" WITH RICE<br>PO FRESH FRUIT        |
| <b>13</b>   | <b>14</b>  | <b>15</b>  | <b>16</b>  | <b>17</b>  |
| 1P NAPOLITAN PASTA (homemade tomato sauce) ( 1, 3, 7 ) <br>2P OMELETTE ( 3 )<br>GU FRESH SALAD<br>PO FRESH FRUIT                                   | 1P VEGETABLES CREAM (green beans, chard, carrot and potato)<br>2P MEATBALLS IN TOMATO SAUCE ( 12 )<br>GU BOILED VEGETALBES<br>PO FRESH FRUIT | 1P BOILED SWISS CHARD WITH POTATOES<br>2P BAKED CHICKEN<br>GU SEASONED TOMATO<br>PO YOGURT ( 7 )   | 1P LENTILS & VEGETABLE STEW <br>2P GRILLED TURKEY<br>GU LETTUCE, CARROT AND TOMATO SALAD<br>PO FRESH FRUIT  | 1P HOMEMADE POULTRY, VEGETABLES & PASTA SOUP ( 1 ) <br>2P BAKED HAKE (onion and tomato) ( 4 )<br>GU HOMEMADE HUMMUS WITH CARROT DIPS ( 11 )<br>PO FRESH FRUIT |
| <b>20</b>   | <b>21</b>  | <b>22</b>  | <b>23</b>  | <b>24</b>  |
| 1P RICE WITH VEGETABLES SAUCE<br>2P ZUCCHINI OMELETTE ( 3 )<br>GU FRESH SALAD<br>PO FRESH FRUIT   | 1P PUMPKIN CREAM (potatoes and onion)<br>2P BAKED HAKE (onion and tomato) ( 4 )<br>GU BOILED BABY CARROT<br>PO FRESH FRUIT                   | CHICKPEAS & VEGETABLES STEW (onion, garlic, green and red pepper and tomato) <br>1P BAKED CHICKEN (onion and natural tomato) ( 12 )<br>2P BAKED CHICKEN (onion and natural tomato) ( 12 )<br>GU FRESH SALAD ( lettuce, apple and tomato )<br>PO FRESH FRUIT | 1P BOILED MIXED VEGETABLES WITH POTATOES<br>2P GRILLED BEEF BURGER ( 12 )<br>GU FRESH SALAD<br>PO YOGURT ( 7 )   | 1P SAUTEED PASTA WITH OLIVE OIL ( 1, 6, 7, 12 ) <br>2P GRILLED HAKE ( 4 )<br>GU FRESH SALAD (lettuce, radish, and carrot)<br>PO FRESH FRUIT                 |
| <b>27</b>   | <b>28</b>  | <b>29</b>  | <b>30</b>  | <b>31</b>  |

FRESH FRUIT 